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24/7 EMERGENCY CONTACTS

- 1. Emergency Assistance, call/text 911
- 2. Suicidal & Crisis Lifeline, call 988, chat at https://988lifeline.org/
- 3. Crisis Text Line, Text "HOME" to 741741
- 4. National Hopeline Network, Suicide & Crisis Hotline call 1-800-442-4673
- 5. Trans Lifeline 866-488-7386, text "START" to 678-678, chat at <u>https://www.thetrevorproject.org/g</u> <u>et-help/</u>
- National Domestic Violence Hotline: 800-799-7233. Text "START" to 88788

Case Management

El Paso United Family Resiliency Center

6314 Delta Dr. El Paso, TX 79905 (915) 775-2783 https://www.elpasounitedfrc.org/

Services: Resiliency navigators connect individuals and families who were directly or indirectly affected by the August 3rd tragedy to programs and services that address their specific needs. **Cost:** Free of charge.

Project Amistad

(see this resource under Counseling and Psychiatry and Transportation)

3210 Dyer St. El Paso, TX 79930 (915) 532-3790, (915) 532-3406 https://projectamistad.org/

Services: Assists with housing and medical care insurance search and social services applications such as CHIP, TANF, and SNAP, and court-appointed guardianship.

Cost: Free of charge.

Project Bravo

<u>(see this resource under Financial Assistance,</u> <u>and Housing)</u> Multiple locations.

https://www.projectbravo.org/communityservices - Patient Assistance Program Services. Helps community members to access low-cost health care clinics, pharmacy discounts or free medications, and free eye exams and eyeglasses. Cost: Guidance is free of charge.

Child Care Assistance

Army Community Services

(see this resource under Employment,

Financial Assistance, and Substance Abuse & Related Services)

2494 Ricker Fort Bliss, TX 79916 (915) 568-9129

https://www.armymwr.com/programs-andservices/cys

Services: Offers quality and affordable programs for children, youth and students to support Soldiers and their Army Families by providing child care, sports and school activities among other after school programs.

Cost: Visit the website for specific information on the various programs.

EPCC YWCA Child Care Services

(see this resource under Housing)

(915)831-2566 https://www.epcc.edu/Services/ChildCareServic es

Services: During and after school hours, Monday through Friday and open to the community, faculty, and staff. Cost: Income-based programs. EPCC students may qualify for up to 75%

coverage, if funds are available, via the EPCC Financial Aid Office.

Project Vida

(see this resource under Counseling & Psychiatry, & Housing)

3607 Rivera Ave. El Paso, TX 79905 (915) 465-1191

https://www.pvida.net/services

Services: Provides different childcare options through their educational programs that start with newborns to 18-year-olds. Programs also include parenting education in their curriculum.

Cost: Evaluation for eligibility is free of charge and not all the services have a charge.

<u>YWCA</u>

(see this resource under Housing)

1600 Brown El Paso, TX 79902 Multiple locations (915) 519-0000

https://www.ywcaelpaso.org/

Services: Daycare, early education and afterschool programs. Offers activities such as swimming and yoga at multiple recreational centers. Cost: All services are income-based.

Workforce Solutions Borderplex

(see this resource under employment) Multiple Locations Eligibility Hotline: (915) 887-2878 https://borderplexjobs.com/care-force

Service: CareForce helps to find an approved childcare provider and offers scholarships for eligible families to cover childcare costs including those provided by a relative.

Cost: Assistance is free of charge.

Clothing Assistance

Goodwill Stores

Thrift Stores, multiple locations (915) 778-1858

https://goodwillep.org/stores/

Service: Sells new to gently used clothing, shoes, household items and furniture. Open 7 days a week.

15% DISCOUNT: Tuesdays for veterans and active duty, Thursdays for students and teachers and Wednesdays for senior citizens. Valid ID is required.

Kelly Center for Hunger Relief

(see this resource under Food Banks) 915 N. Florence St. El Paso, TX 79902 (915) 261-7499

https://kellyfresh.org/closet/

Service: Free clothes based on need. Call to inquire about hours of operation as they change upon volunteers' availability.

The Salvation Army

(see this resource under Financial Assistance, Food Banks & Housing) Thrift Store 3920 Morehead Ave. (915) 565-6937 https://southernusa.salvationarmy.org/elpaso/f amily-store Service: Sells new to gently used clothing,

Service: Sells new to gently used clothing, shoes, household items and furniture.

La Familia Del Paso

(see this resource under Counseling & Psychiatry & Transportation) Thrift Stores 1512 Yandell Dr. El Paso, TX 79902 (915) 276-0126

https://www.lafamiliadelpaso.com/about-5-1 Service: Sells new to gently used clothing, shoes, household items and furniture.

Counseling & Psychiatry-Outpatient

Amanecer Community Counseling Center

785 Anthony Drive Anthony, NM 88021 5305 McNutt Rd Santa Teresa, NM 88008 (575) 882-5100

https://www.amanecer-nm.com/services

Services: Outpatient behavioral health and substance abuse evaluations and treatment that includes psychological testing, psychiatric care, counseling, and behavior management. The services are provided individually and as a family for children, adolescents and adults using a comprehensive approach that includes case management to adapt to individual needs and preferences.

Cost: Accepts most insurance plans and self-pay using an income-based sliding fee scale.

Borderland Health Services

6090 Surety Dr. Ste 304 El Paso, TX 79905 (915) 245-5150, <u>info@borderlandhealth.org</u> <u>https://borderlandhealth.org/</u>

Services: In person and virtual counseling and prescription management for individuals located in Texas, New Mexico and New York.

Cost: Accepts most insurance plans and self-pay.

Catholic Counseling Services

499 St. Matthews St. El Paso, TX 79907 (915) 872-8424, <u>ccs@elpasodiocese.org</u> <u>https://www.elpasodiocese.org/catholic-</u> <u>counseling-service.html</u>

Services: Counseling for individuals, families, and couples, ages 5 and older. Initial appointment and fee determined once appropriate paperwork has been completed.

Accepts: Accepts most insurance plans and self-pay using a sliding fee scale based on family income.

Children's Grief Center of El Paso

11625 Pelicano Ste. B El Paso, TX 79936 (915) 532-6004, kathy@cgcelpaso.org http://www.cgcelpaso.org/

Services: Serving children 5-19 years and their families. Offers individual and family counseling and support. Groups are bilingual and culturally sensitive and held on alternate Thursdays at 6:30pm. Cost: Accepts most insurance plans and self-pay using a sliding fee scale based on family income.

Cognitive Behavioral Institute of El Paso

1316 North Yarbrough Suite 2A El Paso, TX (915) 373-6021

https://www.cbiofelpaso.com/

Services: Individual, family and couples therapy by providers who specialize in cognitive behavioral therapy and eye movement desensitization and reprocessing therapy.

Cost: Accepts most insurance plans.

Counseling Center of Expressive Arts

1600 Medical Center Ste. B, El Paso, TX 79902 (915) 845-3122

https://ccoea.com/

Services: Individual, couples, and family therapy starting at 2 years of age by providers who specialize in art and play therapy.

Cost: Accepts most insurance plans and self-pay using a sliding fee scale based on family income.

El Paso Center for Children

(see this resource under Housing) 2200 N. Stevens St. El Paso, TX 79930 (915) 565-8361, 24/7 Helpline (915) 330-9513 https://epccinc.org/

Services: Counseling for individuals and their families starting in early childhood, life skills, youth outreach, housing, foster care, parent cafés, crime victims, family and community resources referrals. Cost: Accepts most insurance plans and self-pay using a sliding fee scale based on family income.

El Paso Child Guidance Center

2211 E. Missouri, Suite 310 El Paso, Texas 79903 9001 Cashew Dr. Suite 300 El Paso, Texas 79907 (915) 562-199

https://epcgc.org/

Services: Provides individual, couples and family therapy in person and via telehealth for individuals starting at 2 years of age. Psychiatric care including psychiatric evaluations and medication management is also offered through a partnership with Texas Tech Health University of El Paso. **Cost:** Accepts most insurance plans and self-pay using a sliding fee scale based on family income.

El Paso Vet Center

1155 Westmoreland Ste. 121, El Paso, TX 79925 (Two nearby NM Locations)

(915) 772-0013

https://www.va.gov/el-paso-vet-center/

Services: Confidential counseling assistance in a non-medical setting for Veterans, service members, and their families that include focusing on managing depression, posttraumatic stress disorder and the effects of military sexual trauma. Offers referrals to community resources for substance use care, housing and others. **Cost:** Free of charge.

Emergence Health Network

(see this resource under Crisis Intervention, Housing, & Substance Abuse) Multiple Locations (915) 242-0555

https://emergencehealthnetwork.org/mentalhealth/

Services: Offers counseling services for individuals, families, couples and groups including children ages 3-17. Therapists are trained in different evidence-based interventions. The Assertive Community Team assists to reduce inpatient admissions and to increase quality of life by providing a collaborative intervention for medication monitoring, symptom management, skills training and coordination of other services that includes consumers, family members, and service providers.

Cost: Accepts most major insurance plans including Medicaid and Medicare.

Family Service of El Paso

6040 Surety Dr. El Paso, TX 79905 (915) 781-9900

https://www.familyserviceofelpaso.org/

Services: Individual, couples, family, and group therapy counseling. Therapists are trained in various interventions such as CBT, TF-CBT, EMDR. Online applications and walk-ins.

Cost: Accepts most major insurance plans including Medicaid, Medicare and TRIACARE and self-pay utilizing a sliding fee scale based on family income.

La Familia Del Paso

(see this resource also under Clothing, & Transportation)

1511 Yandell Dr. El Paso, TX 79902 (915) 532-9434

https://www.lafamiliadelpaso.com/

Services: Provides behavioral and mental health for individuals 5 and up. Offers rehabilitation services that include counseling at the office or via home visits for symptoms management, medication monitoring, and independent living. Primary medical and psychiatric care for medication management is also offered to include

transportation to and from appointments based on need and eligibility.

Cost: Accepts most insurance plans and self-pay using an income-based sliding fee scale.

Living Hope Christian Counseling Services

(Faith-Based Counseling) 1801 Wyoming Ave. Ste. 102 El Paso, TX 79902 (915) 772- 2237, livinghopeccs@aol.com http://www.livinghopeccs.org/

Services: Counseling services for individuals, couples and families using appropriate therapy practices and biblical principles.

Call to make an appointment. Walk-ins NOT available.

Cost: Most major insurances accepted and self-pay utilizing a sliding fee scale based on family income.

La Clinica de Familia

(see this resource also under Crisis Intervention)

2625 McNutt Rd. Sunland Park, NM 88063 (575) 589-1500

Multiple NM Locations

https://laclinicadefamilia.org/lcdf/locations/

Services: Counseling for individuals, couples, families and groups by therapist trained in evidence-based interventions such as CBT, EMDR, and Play Therapy. Comprehensive Community Support Services program for individuals diagnosed with severe illness or serious emotional disturbance: socialization and daily living skills, work readiness activities and development of support in their home. Cost: Accepts most major insurances including Medicaid and Medicare, and selfpay utilizing an income-based sliding fee scale.

La Mente Behavioral Health

6600 Montana Ave. Ste. P El Paso, TX 79925

8825 N. Loop Dr. Bldg. B Ste. 103, El Paso 79907 (915) 201-0199

https://lamentehealth.com/

Services: Provides medication management, psychotherapy, and transcranial magnetic stimulation to individuals starting at age 5 to late adulthood. Telehealth services are also offered.

Cost: Accepts most major insurances including Medicaid and Medicare.

NAMI El Paso

201 East Main St Ste. 600 El Paso, TX 79901 (915) 778-5726

https://www.namiep.org/support-groups

Services: Offers in-person and virtual support groups for the community. NAMI has recovery support groups for individuals living with a mental health condition and their family and friends. Cost: Free of charge.

Project Amistad

(see this resource under Case Management, and Transportation)

3210 Dyer St. El Paso, TX 79930 (915) 532-3790, (915) 532-3406 https://projectamistad.org/

Services: Offers counseling services for veterans and their families including a FREE weekly mental health workshop held on Wednesdays at 11am, (915) 298-7307 (choose option #1). Cost: Free of charge.

Project Vida

(see this resource under Child Care, & Housing) 3607 Rivera Ave. El Paso, TX 79905 (915) 465-1191 https://www.pvida.net/

Services: Provides integrated behavioral health care services (medical doctors and counselor/therapists work together) with continued care and support that includes a

case manager who monitors the effectiveness of the services. Psychiatric evaluations and medication management are also offered.

Cost: Accepts most major insurance plans including Medicaid and Medicare and has a self-pay, income-based sliding fee scale for uninsured individuals. Discounts on medications and medical tests are offered upon community programs and funds availability.

Steven A. Cohen Military Clinic- Endeavors

6601 Montana Ave. Ste. J El Paso, TX 79925 (915) 320-1390, <u>EPclinic@endeavors.org</u> <u>https://endeavors.org/cohen-clinic-el-paso/</u> **Services:** Provides therapy in person and through video conferencing using HIPAAcompliant software, support groups for anxiety, post-traumatic stress disorder and anger management, life skills training, medication management and wellness events such as workshops on couples cooking, marriage and employment. **Cost:** Accepts most insurance plans. Activeduty members MUST provide a TRICARE referral.

<u>The University of Texas at EL Paso (UTEP)</u> (see resource also under crisis intervention)

Counseling and Psychological Services on campus: Union West, Rm. 202 (915) 747-5302

https://www.utep.edu/student-affairs/counsel/

Services: Provides virtual and in-person mental health counseling for students using a brief psychotherapy model (3-8 sessions and up to 10 if couples). Couples counseling is available when both partners are currently enrolled at UTEP. Cost: Free of charge.

Crisis Intervention

(24/7 assistance)

El Paso Behavioral Hospital Health System

1900 Denver Ave. El Paso, TX 79902 (915) 541-6519, 1-833-357-2641, 27/7 Intake https://elpasobh.com/

Services: Intake assessments, recommendations for inpatient and outpatient treatment with specialized units such as chemical dependency and electroconvulsive therapy. Serves children, adolescents and adults and specific populations such as the military, which include veterans and their family members. Cost: Accepts most major insurances including Medicaid.

El Paso Psychiatric Center

4615 Alameda Ave. El Paso, TX 79905 (915) 532-2202 <u>https://www.hhs.texas.gov/services/mental-</u> <u>health-substance-use/state-hospitals/el-paso-</u> psychiatric-center

Services: Conducts intake evaluations and provides acute, 24-hour, inpatient mental health care for individuals 5 years and up that includes crisis intervention, assessment, nursing care, medication management, and after-care planning for intensive outpatient therapy when appropriate. It has several units to treat children, adolescents, adults and geriatric populations.

Cost: Accepts most major insurances including Medicaid and Medicare, and individuals can apply for self-pay programs that are income-based.

Emergence Health Network (see this resource under Counseling

& Psychiatry, Housing, & Substance Abuse)

1601 Yandell Dr. El Paso, TX 79902 24-hour Crisis Local Hotline (915) 779-1800 Non-Emergency (915) 242-0555 https://emergencehealthnetwork.org/mentalhealth/ - Crisis & Suicide Prevention Services: Calls are managed by mental health professionals 24/7/365 for verbal deescalation and referrals to local mental health services. El Paso residents can receive immediate in person counseling and crisis intervention composed of counseling and medication that can include up to 48 hours of observation and stabilization. **Cost:** Accepts most major insurance plans including Medicaid and Medicare, insurance is not required.

La Clinica de Familia

(see this resource under Counseling and <u>Psychiatry</u>)

2625 McNutt Rd. Sunland Park, NM 88063 (575) 589-1500 Multiple NM Locations

https://laclinicadefamilia.org/lcdf/locations/

Services: Telephone and face-to-face crisis intervention that includes assistance for walk-ins 27/7 365 days per year. The intervention includes follow-up crisis support services.

Cost: Accepts most major insurances including Medicaid and Medicare, and self-pay utilizing an income-based sliding fee scale.

PEAK Behavioral Health

5065 McNutt Rd., Santa Teresa, NM 88008 (888) 258-1356

https://peakbehavioral.com/

Services: Conducts intake evaluations and makes recommendations regarding their inpatient and outpatient programs that include 24-hour monitoring, medication management, and counseling. Serves children, adolescents and adults and

specific populations such as the military, which include veterans and their family members. Therapy is provided for individuals, families and groups. **Cost:** Accepts most major insurance plans including Medicaid and Medicare.

<u>Rio Vista Behavioral</u>

1390 Northwestern Dr., El Paso, TX 79912 (844) 209-2464

https://www.riovistabehavioral.com/

Services: Conducts intake evaluations and makes recommendations regarding their inpatient and outpatient programs that include 24-hour monitoring, medication management, counseling, and basic medical care. Serves children, adolescents and adults individually, as a family and in groups.

Cost: Accepts most major insurance plans including Medicaid and Medicare.

The University of Texas at EL Paso (UTEP) (see resource also under Counseling &

(see resource also under courseling a Psychiatry)

Counseling and Psychological Services on Campus: Union West, Rm. 202 (915) 747-5302 After Hours Crisis Line: (915) 747-5302 Concussion Management Clinic: (915) 747-7250 CARE Program (crime victims): (915) 747-7250 <u>https://www.utep.edu/student-</u> affairs/counsel/counseling-services/crisis-

counseling.html

Services: Crisis intervention in-person at the counseling center on campus during business hours or via a phone call after hours. No appointment needed. Cost: Free of charge.

Domestic Violence & Emergency Shelters

Center Against Sexual and Family Violence

580 Giles Rd, El Paso, TX 79915 24/7 Crisis Hotlines: (915) 593-7300, 1-800-727-0511 Non-emergency: (915) 595-2238, (915) 562-0077

Services: Support groups, therapy, legal advocacy, transitional living (families able to stay rent free), life skills training to find employment and live independently, company at hospital after sexual assault. Cost: Free of charge.

Dame La Mano

1014 S. Virginia St. El Paso, TX 79901 (915) 465-1207

Services: Assist women that are pregnant and/or with children that are in crisis or homeless. Offers 24/7 services. Helps with providing shelter for up to 6 months to assist families to become self-sufficient. Cost: Free of charge.

La Posada Home

(915) 544-4595 https://laposadahome.org/

Services: Transforming lives of families affected by domestic violence by providing long term services to homeless women and their children. Case management, counseling, daycare, job search and transportation are also provided based on individual needs.

Cost: Free of charge.

Employment

Army Community Services

(see this resource under Child Care, Financial Assistance, and Substance Abuse & Related Services) 2494 Ricker Fort Bliss, TX 79916 (915) 569-4227 https://bliss.armymwr.com/programs/acs/empl oyment-readiness-program

Services: Assists active duty, Active Guard Reserve, National Guard member, Wounded Warrior, DoD Civilian, miliary spouse or other family members with finding job opportunities, filling out employee applications, career counseling and assessments, and offers classes and seminars on resume writing, interviewing techniques, and entrepreneurship among others.

Cost: Free of charge.

Texas Workforce Solutions Vocational Rehabilitation Services.

401 E. Franklin Ave. #240, El Paso TX 79901 (915) 834-7004 https://ctadvrc.org/blog/projects/texasdepartment-of-assistive-and-rehabilitativeservices/

Services: Assists with employment assessment, planning to obtain and maintain employment, job and behavioral skills training, hearing exams and aids and rehabilitation technology such as artificial limbs.

Cost: Contact the program for free services eligibility.

Workforce Solutions Borderplex

Multiple Locations. Consult website. (915) 887-2600

https://www.twc.texas.gov/

Services: Job search & training including vocational rehabilitation, unemployment benefits. Specific programs for different age groups and capabilities.

Cost: Free of charge.

Financial Assistance

Army Community Services

(see this resource under Child Care, Employment, and Substance Abuse & Related Services) 2494 Ricker Fort Bliss, TX 79916 (915) 569-4227 https://bliss.armymwr.com/programs/acs/finan cial-readiness

Services: Provides education via classroom training and individual counseling on debt, money management, credit, financial planning, insurance, consumer advocacy and protection, investing and saving. Services available to active duty, Active Guard Reserve, National Guard member, Wounded Warrior, and DoD Civilian. Cost: Free of charge.

El Paso County General Assistance

6314 Delta El Paso, TX 79905 (915) 546-8150 https://www.epcounty.com/famcom/generalas sistance.htm

Services: May assist in providing emergency rent, mortgage, and/or utility assistance food baskets and pauper burials. Cost: Evaluations for programs' eligibility are free of charge and assistance depends on funds availability.

Project Bravo

(see this resource under Case Management, & Housing)

Multiple locations (915) 562-4100

https://www.projectbravo.org/programs

Services: Assistance to pay utility bills, locate low-cost health care clinics, pharmacy discounts or free medication, free eye exams and eyeglasses, make homes more energy efficient, provide safe, affordable, and quality housing opportunities including guidance to prevent foreclosure.

Cost: Evaluations for programs' eligibility are free of charge and assistance depends on funds availability.

The Salvation Army

4300 E. Paisano Dr. El Paso, TX 79905 (915) 544-9811 (See this resource under Clothing, Food B

(See this resource under Clothing, Food Banks, & Housing)

https://www.salvationarmyusa.org/usn/rentmortgage-and-utility-assistance/

Service: Provides rent, mortgage and utilities assistance based on need. Cost: Evaluations for programs' eligibility are free of charge and assistance depends on funds availability.

Food Banks

Abundant Grace Children

6236 Quail Ave (803) 546-6748 or (915) 549-4463 https://5agc.org/

Service: Provides food pantries once a week. Call to inquire about their distribution schedule as it tends to change. Cost: Free of charge.

Borderland Rainbow Center

(see this resource under LGBTQ) 2714 Wyoming Ave. El Paso, TX (915) 263-4623

https://www.borderlandrainbow.org/

Services: Food pantries provided. **Cost:** Free. Contact the center for more information as the distribution schedule changes and depends on availability of resources.

El Pasoans Fighting Hunger Food Bank

9541 Plaza Circle El Paso, TX 79927 (915) 298-0353

https://elpasoansfightinghunger.org/

Services: Provides food pantries to El Paso community members at their distribution center or via their partnership with DoorDash to deliver them to vulnerable individuals (e.g., disabled/homebound, 60+ year olds, under quarantine due to COVID). Assistance in applying for food stamp benefits.

Cost: Free of charge.

Kelly Center for Hunger Relief

(see this resource under Clothing Assistance) 915 N. Florence St. El Paso, TX 79902 (915) 261-7499

https://kellyfresh.org/foodpantry/

Service: Offers food pantries to community members in need. Check their website and/or call to request distribution schedule information.

Cost: Free of charge. Required to provide name (bring a form of official identification), address, number of people in the household and the family monthly income.

Montwood Church of Christ

11845 Bob Mitchell Drive El Paso, TX 79936 (915) 855-9896

https://www.montwood.org/ministries/foodpantry-ministry

Services: Provides community members with a food pantry per household. Cost: Free of charge. Required to provide a valid identification for registration. An information request form is available on their website.

Tejano Mercado

EPCC Valle Verde Campus, 919 Hunter C107 (915) 831-2108 https://www.epcc.edu/Services/CampusLife/stu dent-government-association

Services: Provides food pantries and personal hygiene items to current EPCC students based on availability of resources. Students can walk in the pantry and choose what they prefer. The Tejano Mercado Request Form is available on the website. Cost: Free of charge. EPCC ID required.

The Salvation Army

4300 E. Paisano Dr. El Paso, TX 79905 (915) 544-9811 <u>https://www.salvationarmyusa.org/usn/cure-</u>

hunger/ Services: A hot meal is provided for community members every day at 6:00pm

and food boxes are available for distribution.

Eligibility criteria: Picture identification, social security card, proof of address and/or income information may be requested. A letter from the department of human services stating the individual/family is not receiving SNAP (food stamps) benefits is required.

Cost: Free of charge.

UTEP Food Pantry

Memorial Gym, Room 105 101. W Robinson El Paso, TX 79968 (915) 747-8053 or by appointment https://www.utep.edu/studentaffairs/foodpantry/

Services: Food items and toiletries are provided to staff, undergraduate and graduate students.

Requirements: Be enrolled in courses in the fall or spring semester and present the Miner Gold Card. **Cost:** Free of charge.

Housing

El Paso Center for Children (see this resource under Counseling

<u>& Psychiatry</u>) Emergency Shelter & Housing Assistance 3710 Altura Ave. Bldg. D El Paso, TX 79930 (915) 562-4765, 27/7 Helpline (915) 330-9513 https://epccinc.org/youth-outreach-housing/ Services: Emergency shelter for individuals 11-24 years of age and rental assistance for up to 18 months for young adults between 18 and 24 who are experiencing homelessness. Limited capacity depending on eligibility and funding availability. Cost: Free of charge.

Emergence Health Network

(see this resource under Counseling & <u>Psychiatry, Crisis Intervention & Substance</u> <u>Abuse</u>)

1600 Montana Ave. El Paso, TX 79902 (915) 242-0555 unhousedprograms@ehnelpaso.org https://emergencehealthnetwork.org/mentalhealth/ - Unhoused Assistance

Services: Offers housing assistance through their Permanent Support Housing, Rapid Rehousing, ESG Street Outreach and HHSC Supported Housing Rental Assistance programs.

Eligibility Criteria: Being displaced and have been diagnosed with a mental health disorder through the EHN Housing and Urban Development (HUD) Unit.

Opportunity Center

Homeless Men Resource Center 1208 Myrtle Ave, El Paso, TX 79901 Women's Resource Center 1220 Myrtle El Paso, TX 79901 (915) 577-0069

https://homelessopportunitycenter.org/#

Service: Provides shelter, food, access to showers, bathrooms, laundry service, storage, clothes closet, phone and mail service, and short-term counseling. Programs for dual-parent families with children, veterans, elderly men and women. Cost: Free of charge.

Rescue Mission of El Paso

221 North Lee St. El Paso, TX 79901 (915) 532-2575 https://rmelp.org/

Service: Shelter for individuals and families that includes 3 meals a day and job search assistance.

Cost: Free of charge.

Reynolds Home

8023 San Jose El Paso, TX 79915 (915) 274-2598

https://reynoldshome.org/

Services: Shelter for women and their children and case management for job searching, saving money and finding other housing arrangements provided. Cost: Free of charge.

Sin Fronteras Organizing Project

201 East 9th Avenue El Paso, TX 79901 (915) 873-8933 **Service:** Provides temporary shelter, food and social services to farm workers. Offers English as a second language and arts classes, recreation, and health education. **Cost:** Free of charge.

The El Paso Coalition for the Homeless

6044 Gateway East, Suite 410 (915) 843-2170 https://www.epchomeless.org

Service: Provides a list of resources to prevent homelessness or find shelter for community members who are already homeless.

Cost: Free of charge.

The Salvation Army

(see this resource under Clothing, Food Banks, & Financial Assistance)

4300 E. Paisano Dr. El Paso, TX 79905 (915) 544-9811 <u>https://www.salvationarmyusa.org/usn/provide</u> -shelter/

Service: Provides shelter for homeless individuals and families, and transitional housing to help people find more permanent housing options. Offers life skills training to gain self-sufficiency and assistance with food and utilities based on need and funds availability. Three meals are provided for individuals housed at any of its shelters.

Cost: Free of charge.

<u>YWCA</u>

(see this resource under Child Care)

1600 Brown El Paso, TX 79902 Multiple Locations (915) 519-0000

https://www.ywcaelpaso.org/housing

Services: Offers housing programs for senior citizens and families such as transitional living, rehousing and rental assistance.

Eligibility: Call and inquire about eligibility criteria. All programs are income-based.

Project Bravo

(see this resource under Case Management, & Financial Assistance)

Multiple locations (915) 562-4100

https://www.projectbravo.org/programs

Services: Assistance to find safe, affordable, and quality housing opportunities including

guidance for first home buyers and to prevent foreclosure.

Cost: Evaluations for programs' eligibility are free of charge and assistance depends on funds availability.

Project Vida

(see this resource under Child Care, & Counseling & Psychiatry)

3607 Rivera Ave. El Paso, TX 79905 (915) 465-1191 Ext. 260, 243, 262-264. (915) 500-1011 Coordinated Entry System https://www.pvida.net/affordablehousing1 https://www.pvida.net/homelessness1

Services: Assists in finding affordable or supportive housing depending on mental and physical needs to prevent homelessness for individuals and families. Project Vida manages a few properties whose units range from one to three bedrooms.

Cost: Evaluation for eligibility is free of charge.

El Paso Villa Maria

920 South Oregon St, TX 79901 (915) 544-5500 https://villamariaep.square.site/

Services: Transitional home for 22 women, without children, to focus on their physical, mental, emotional, and spiritual needs. NOT an emergency shelter. Cost: Free of charge.

Winchester House

810 Montana. El Paso, TX (915) 790-2232 https://www.elpasohumanservices.org/winches

ter-house Services: Transitional living center for former foster youth and homeless males 18 to 25 years of age that offers the

opportunity to have a stable living environment and acquire necessary skills to live on their own.

Eligibility: Residents must be between 18 and 25 years old.

LGBTQ

Borderland Rainbow Center

(see this resource under Food) 2714 Wyoming Ave. El Paso, TX (915) 263-4623 https://www.borderlandrainbow.org/services Services: Community space for lesbians, gay, bisexual, transgender, queer/questioning, LGBTQI, and allies from teen years to adulthood. Provides light casework assistance for deaf individuals, support groups for living with HIV and recovering from addictions. Cost: Contact the center to inquire

information about the specific program of interest.

PFLAG El Paso

Services: Provides support to individuals that identify as LGBTQ, their families, and allies while also providing education and advocacy throughout the community regarding challenges LGBTQ individuals face.

Cost: Free of charge. Accepts new organization members.

The Purple Pages of El Paso

2714 Wyoming Ave. (915) 263-4623 https://www.thepurplepages.org/

Services: Provides a list of LGBTQ friendly mental and physical health providers and social services referral sources. Cost: Free of charge.

Trans-Fronteriz

2524 Montana Ave. El Paso, TX (915) 694-7374 Services: Provides peer case management, in a safe space, for transgender individuals living in the border to improve health outcomes. This includes assistance with navigating the health care systems regardless of whether the individual is living in El Paso or Ciudad Juarez. Cost: Free of charge.

<u>The Queer Student Alliance – EPCC Student</u> <u>Club</u>

(915) 831-2677, Advisor Crystal A. Robert https://www.epcc.edu/Services/CampusLife/Lis ts/StudentClubListing/DispForm.aspx?ID=33&C ontentTypeId=0x010022F18A1DE119864F8973 CAA1EE85C911

Services: Provide students with information and support regarding issues of sexual orientation. Group discussions, problems solving strategies, education of nationwide news and events that affect the gay, straight, bisexual, and transgendered community, and unite for fellowship and support with students from diverse sexual orientation.

Medical Services

Centro de Salud Familiar La Fe

Multiple Locations (915) 534-7979 https://lafe-ep.org/list-of-services/

Services: Provides family practice and clinics for specific age groups such as pediatric and adolescent, adults and women health care. Other specialized programs target specific problems such as dental, immunizations, and behavioral health care, which includes counseling and medication management for psychiatric services.

Cost: Accepts most major insurances and utilizes an income-based sliding fee scale for uninsured individuals. Registration is required and everyone is welcome.

Centro San Vicente

8061 Alameda Ave. El Paso, TX 79915 (915) 859-7545

https://www.sanvicente.org/

Services: Offers a holistic, innovative, and affordable health care model that provides primary, dental, spiritual and behavioral health care services that include individual and group counseling for homeless individuals and LGBTQ+ affirming care. Cost: Accepts most major insurances and utilizes an income-based sliding fee scale for uninsured individuals. Community members without an income are also welcomed and treated.

La Familia Del Paso

(see this resource also under Clothing, Counseling, Psychiatry & Transportation) https://www.lafamiliadelpaso.com/ 1511 Yandell Dr. El Paso, TX 79902 (915) 532-9434

Services: Primary care for individuals who are receiving mental health care services with this organization. Transportation to and from appointments is also offered based on need and eligibility.

Cost: Accepts most insurance plans and self-pay using an income-based sliding fee scale.

Project Vida

3607 Rivera Ave. El Paso, TX 79905 (915) 465-1191

https://www.pvida.net/services

Services: Provides primary, dental, and behavioral health care services that includes counseling and medication management for psychiatric services. Offers some specialized assistance such as the initiation or continuation of hormone therapy by a specialized physician through their gender affirming care program and STI's and cancer screenings through their women's health program.

Cost: Accepts most major insurances and utilizes an income-based sliding fee scale for uninsured individuals. Registration is required.

Texas Tech Physicians of El Paso

Multiple Locations

Central Registration: (915) 215-4448 & (915) 215-4449, elp.discount@ttuhsc.edu https://ttpelpaso.com/patients/financialassistance.aspx

Services: Provides medical care from preventive medicine to specialized treatment. Offers psychiatric evaluations for adolescents and adults at their 2000B Transmountain Rd location.

Cost: Most major insurance plans accepted including Medicaid and Medicare. Financial assistance is available. Individuals MUST call or email their documents to determine eligibility.

Texas Tech University Health Sciences Center El Paso

4801 Alberta Ave., El Paso, TX 79905 (915) 215-8000 https://www.depts.ttu.edu/studenthealth/New Patients/index.php

Services: Provides medical care through their Student Health Services program to Texas Tech students.

Cost and eligibility: Most major insurance plans accepted, and new patients MUST be currently enrolled at Texas Tech.

University Medical Center

4815 Alameda 24/7, (915) 521-7700 https://www.umcelpaso.org/patients-andvisitors/billing-and-insurance

Services: Provides outpatient and inpatient medical care from preventive health to specialized treatment, which includes major surgical procedures.

Cost: Accepts most major insurances and uninsured or underinsured individuals can apply for financial assistance under its Indigent Health Care program. Visit the website for a list of the application requirements.

Substance Abuse, & Related Services

Aliviane Inc.

1626 Medical Center El Paso, TX 79902 (915) 782-4000

https://www.aliviane.org/

Services: Serves youth, men, women, and their families in their recovery from addiction by providing individual and family counseling, medicated assisted treatment, personal development classes and recovery groups. These services are offered for outpatient and inpatient treatment and via telehealth and in person to meet the individual's needs. Programs such as the Padres, PATH and Healing together target specific populations and Cost: Accepts most insurance plans and self-pay using an income-based sliding fee scale.

Army Community Services (see this resource under Child care, Employment, and Financial Assistance)

2494 Ricker Fort Bliss, TX 79916 https://home.army.mil/bliss/index.php/myfort/all-services/army-substance-abuseprogram

Services: Offers programs on education prevention, drug testing and risk reduction.

Consult the website for the contact information for each program. **Cost:** Inquire about cost for the specific program of interest.

Amanecer Community Counseling Center

785 Anthony Drive Anthony, NM 88021 5305 McNutt Rd Santa Teresa, NM 88008 (575) 882-5100

https://www.amanecer-nm.com/services

Services: Outpatient behavioral health that includes substance abuse evaluations and treatment working closely with the adult and juvenile probation departments to meet the requirements of the courts. Cost: Accepts most insurance plans and self-pay using an income-based sliding fee scale.

Emergence Health Network

(see this resource under Counseling & Psychiatry, Crisis Intervention, & Housing) Multiple locations, program dependent (915) 242-0555 https://emergencehealthnetwork.org/addiction /

Services: Offers FREE screenings for Texas residents 13 years old and older, medications and counseling to sustain recovery via intensive outpatient and partial hospitalization programs, which include a specialized youth program.

Cost & Eligibility: Contact EHN to request information about the specific program of interest as they vary in their eligibility criteria and cost. Accepts most major insurances.

Methadone Centers

Multiple Locations (visit website) (915) 306-1009 800-680-7137, 800-780-9619 <u>Methadone Clinics in El Paso, TX | Methadone</u> <u>Centers</u>

Service: Provides information/referral about/to local addiction treatment practitioners and facilities. Cost: Free of charge.

Project Punto de Partida

1201 E. Yandell El Paso, TX 79902 (915) 262-0002 27/7 Hotline (915) 479-3152 https://www.recoveryalliance.net/puntodeparti da.html

Services: Resource connections to medical and mental health care and testing, housing and others by peer allies. Provides FREE harm reduction resources such as fentanyl test strips, Narcan, wound care, condom kits, food, and water. Cost: Free of charge.

Rescue Mission of El Paso

221 North Lee St. El Paso, TX 79901 (915) 532-2575 https://rmelp.org/

Service: Offers a 13-week relapse prevention course called Corner of Hope that accepts 10 students per class. It is provided 5 times per year, and it addresses physical, mental, social, and spiritual aspects of recovery. The center also holds A.A. meetings. Cost: Free of charge.

Homeward Bound Inc

8716 Independence El Paso, TX 79907 (915) 772-9111

https://www.homewardboundinc.org/

Services: Offers detoxification, residential and outpatient programs. Provides individual and group counseling combined with medication management to obtain mental and emotional health and wholeness treating comorbid psychological and substance abuse conditions. A crisis unit provides a short-term program for adults starting at 18 years of age who may be experiencing a mental health crisis. **Cost:** Most major insurance care plans are accepted including Medicaid but NOT Medicare. Discounts offered based on family size and income. El Paso County residents are automatically eligible for most of the programs through the partnership between Homeward Bound and North Texas Behavioral Health Authority.

Transportation

Project Amistad

(see this resource under Case Management, and Counseling and Psychiatry)

3210 Dyer St. El Paso, TX 79930 (915) 532-3790, (915) 532-3406 https://projectamistad.org/

Services: Provides transportation for medical appointments for people with disabilities and individuals over 60 years of age.

Cost: Free of charge for eligible individuals. Call for an evaluation.

Sun Metro

10151 Montana Ave. El Paso, TX (915) 212-3333

https://sunmetro.net/fares/fares-and-passes/ Services: Provides public transportation within city limits and offers discounted rates for seniors, students, military and individuals living with disabilities. Services include their LIFT program, which utilizes buses that have lifts and tie downs for ADA paratransit-eligible clients. Their free app helps to plan a trip and receive alerts. Cost: Visit their website for the specific rates and how and where to obtain the bus passes.