

Please contact the following numbers for counselor's office hours: (915) 831-4636, (915) 831-4036, (915) 831-4155.



HEALTH CAREER AND TECHNICAL EDUCATION, MATH & SCIENCE  
Non-Specialized Admissions Program Information Guide  
FOR  
DIABETES PREVENTION FOR HEALTH PROFESSIONS (C1-DPHP)  
CERTIFICATE OF COMPLETION  
2025-2026 Catalog

**PROGRAM CONTACT INFORMATION**

**Program Coordinator:** Helga Carrion, RDN/LD, M.Ed.  
**Office Location:** RG Campus, RM A-246

**Phone #:** 915-831-4341  
**E-mail:** [hcarrion@epcc.edu](mailto:hcarrion@epcc.edu)

**Dean:** Souraya A. Hajjar, Ed.D., CHES, CHCO, MPH.  
**Office Location:** RG Campus, RM A-240

**Phone #:** 915-831-4030  
**Email:** [shajjar@epcc.edu](mailto:shajjar@epcc.edu)

**C1-DPHP Program Counselor:**

**Office Location:** RG Counseling Dept., 103 Montana Ave., 3<sup>rd</sup>. floor

**Ricardo Lopez de Lara**, Lead Counselor  
**Phone #:** 915 831-4447  
**E-mail:** [rlopezde@epcc.edu](mailto:rlopezde@epcc.edu)

**Laura Molina**, back-up Counselor  
**Phone #:** 915 831-4608  
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**PROGRAM MAP**

Program Map provides additional information regarding salary projections, employment opportunities, licensure requirements and Educational milestones. LINK: <https://www.epcc.edu/Academics/Catalog/program-map?programID=1217>

This one-semester Level One Certificate in Diabetes Prevention for Health Professions prepares individuals from various health programs, as well as community members and professionals working in the fields of health education who are already engaged with individuals with pre-diabetes, to help prevent or delay type 2 diabetes. Each of the six classes prepares individuals to better address the behaviors (such as healthy eating, weight management, physical activity, coping with stress, and behavior modification skills) necessary to prevent the onset of diabetes. The capstone course for this Certificate of Completion is PSYT 2345, Principles of Behavior Management and Modification.

- Minimum grade required for specialized courses: C
- Important: This program does not require students to fulfill Specialized Admissions criteria or procedures.

**GENERAL REQUIREMENTS**

The following is Required of all Students Enrolling in this Program:

- Student must have a **High School Diploma or GED. Submit official transcripts to:**  
**El Paso Community College Admissions Office**  
**P.O. Box 20500, El Paso, Texas 79998**
- Student must:
  1. Be approved to take credit academic courses by EPCC
  2. Complete an online Health Careers Orientation at: <https://www.epcc.edu/Admissions/Orientation/health-careers-orientation>
- "Effective Fall 2011, and based on new federal regulations, students are not allowed to repeat previously passed courses more than once." Students should meet with a counselor to determine how a repeat course (s) would impact his/her academic, prerequisite, specialized Admissions, or transferability of courses. It is the student's responsibility to check with the Office of Student Financial Services to inquire how a repeat course(s) would impact their financial aid or veteran's assistance

**NOTE: If you have any questions Contact the Border Health Issues Program Coordinator:** Helga Carrion, RG Campus, Room A-246, Telephone # (915) 831-4341.

## PRE-PROGRAM SPECIFIC REQUIREMENTS

None at this time.

## PROGRAM SPECIFIC CRITERIA

The Following is Required of all Applicants:

- Must file a degree plan with the designated Health Counselor.

## POST-ENROLLMENT REQUIREMENTS

None at this time.

## C1-DPHP CERTIFICATE OF COMPLETION COURSES

Check 2025-2026 El Paso Community College Catalog

CHEF 1302 Principles of Health Cuisine  
HECO 1322 Nutrition and Diet Therapy  
HPRS 1202 Wellness and Health Promotion  
HPRS 1291 Social Topics in Health Professions and Related Sciences, Other  
KINE 1338 Concepts of Physical Fitness  
PSYT 2345 Principles of Behavior Management and Modification

## ADDITIONAL INFORMATION

- **Maximum Students Admitted:** 25 Students per course, multiple courses scheduled most semesters.
- Community Wide Orientation online at: <https://www.epcc.edu/Admissions/Orientation/community-wide-orientation>
- HIPAA online at: <https://www.epcc.edu/Academics/Health/hipaa>
- Online additional program-specific and career information: <https://www.epcc.edu/Academics/Health>
- Website for Diabetes Prevention for Health Profession Certificate: <https://www.epcc.edu/Academics/Catalog/program-map?programID=1043>

## OTHER INFORMATION

- CPR and First Aid Courses are available through the **EPCC Continuing Education Division**. Please see the current Continuing Education Course Schedule or call 915-831-7820 for more information.
- Our EPCC Rio Grande Border Health Clinic is located at the Rio Grande Campus, for information call: 915- 831-4016 or call 915-831-4017 for Dental, Medical Sonography, Echocardiogram or Physical Therapy clinics.

This document is to be used with EPCC College Catalog, which provides complete information on courses as well as College regulations and procedures. This is for informational purposes only and is not a binding offer or contract between the College and the student. This document was revised September 2024 and is subject to change without prior notice.

The EPCC County District does not discriminate on the basis of race, color, national origin, religion, sex, age, disability, or veteran status.