



A photograph of a woman lying face down on a massage table, receiving a back massage. A person's hands are visible, applying pressure to her lower back. The background is a dark purple gradient.

# Massage Therapy

525 HOUR CONTINUING EDUCATION CERTIFICATE PROGRAM



# Mission Statement

- IT IS OUR AIM TO PROVIDE EVERY STUDENT WITH THE KNOWLEDGE AND TECHNICAL PROFICIENCY THAT WILL MAKE THEM AN ASSET IN WHATEVER FIELD THEY MAY DESIRE TO WORK IN AS A MASSAGE THERAPIST.

# About the Program

- ▶ The Massage Therapy Program is dedicated to providing quality training to individuals interested in massage therapy. Students are introduced to Swedish massage, ethics, multiple modalities, as well as sports massage, clinical massage, spa services. Professionalism and safe practices are emphasized throughout the course. Knowledge and skills are attained through demonstrations, actual hands on experience, and operation of equipment. Students graduate in as little as 6 months!
- ▶ The 525-hour continuing education Massage Therapy Certificate Program prepares individuals for state licensure through the Texas Department of State Health Services.
- ▶ Location Administrative Services Center, 9050 Viscount, Bldg. B., Room B140.
- ▶ The Massage Suite is a state of the art facility with classrooms, internship room and spa facilities. Tours are available upon request.

# Admission Requirements:

- ▶ High School Diploma/GED certificate
- ▶ Reading level of 10<sup>th</sup> grade or above
- ▶ Current CPR Certification-AHA BLS Provider
- ▶ Current First Aid Certification
- ▶ Physical exam by licensed U.S. physician, physician assistants or nurse practitioner
- ▶ Proof of tetanus and measles immunization
- ▶ Negative TB test or chest x-ray
- ▶ Students under 22 years of age need a meningitis vaccine
- ▶ Orientation

# Sample Plan of Study

- ▶ Massage Therapy Fundamentals I
- ▶ Massage Therapy Fundamentals II
- ▶ Anatomy and Physiology
- ▶ Health and Hygiene
- ▶ Hydrotherapy
- ▶ Business Practices
- ▶ Kinesiology
- ▶ Pathology
- ▶ Internship
- ▶ Day Class - M,W,F from 8:30 am-5:30 pm; T, TH from 9:00 am-1:00 pm.
- ▶ Weekend Class - M, W from 6:00 pm-8:30 pm; S, SU from 9:00 am-2:00 pm.

# Cost

- ▶ The cost of tuition, fees (including exams and license), and supplies to complete the program is approximately \$4,500.
- ▶ Books \$232.00
- ▶ Name Tag \$ 6.85
- ▶ Parking Decal \$ 25.00
- ▶ Scrubs \$ 30.00 to \$40.00 per uniform
- ▶ Table \$ 270.00 and up
- ▶ Jurisprudence Exam \$ 35.00
- ▶ MBLEX Exam \$ 195.00
- ▶ State of Texas License \$ 117.00

  

- ▶ Financial assistance may be available for individuals who qualify. Complete the Free Application for Federal Student Aid (FAFSA) at [www.fafsa.edu.gov](http://www.fafsa.edu.gov) at least 8 weeks before registration. For more information, call 831-6547 or 831-4421.
- ▶ Students who qualify are eligible for \$1,500 scholarship. Call 831-6547 or 831-4421 for further information.

# CPR and First Aid

- ▶ Basic Life Support (5hours) and First Aid (8hrs) classes are offered at El Paso Community College Rio Grande Campus:
- ▶ The American Heart Association Emergency Cardiovascular Care course covers adult, children and pediatric CPR, foreign body airway obstruction, barrier devices and automated external defibrillation (AED) Training.
- ▶ The first aid course emphasizes fundamental principles and skills of standard first aid. Properly applied first aid may mean the difference between life and death.

# Checklist

- ▶ High School diploma or GED
- ▶ CPR certification (AHA/Healthcare Provider)
- ▶ First Aid certification
- ▶ Physical exam from a licensed U.S. physician or nurse practitioner
- ▶ Tested 10<sup>th</sup> grade comprehension reading level
- ▶ Recent TB Tine Test or chest x-ray
- ▶ Measles and tetanus immunization
- ▶ Meningitis vaccine (required only for individuals under age of 22)
- ▶ Orientation session

# FAQ

- ▶ When do classes start?
  - ▶ Fall and Spring classes
- ▶ Is El Paso Community College accredited?
  - ▶ The El Paso County Community College District is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (SACS) to award associate degrees and certificates of completion. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033 or call 404-679-4500 for questions about accreditation of El Paso County Community College District.
- ▶ Where are classes held for Massage Therapy?
  - ▶ Administrative Services Center, 9050 Viscount, Bldg. B., Room B140.
- ▶ What is the earnings range for this career?
  - ▶ According to the 2016-17 Occupational Outlook Handbook from the \*U.S. Bureau of Labor Statistics (BLS), the median **salary** for **massage therapists** is \$37,180 per year.