

**El Paso Community College  
Syllabus  
Part II  
Official Course Description**

<b>SUBJECT AREA</b>	<u>Vocational Nursing</u>
<b>COURSE RUBRIC AND NUMBER</b>	<u>VNSG 1236</u>
<b>COURSE TITLE</b>	<u>Mental Health</u>
<b>COURSE CREDIT HOURS</b>	<u>2                      2                      :</u> <u>0</u>
	Credits                      Lec                      Lab

**I. Catalog Description**

Introduces the principles and theories of positive mental health and human behaviors. Includes topics on emotional responses, coping mechanisms, and therapeutic communication skills. A grade of “C” or better is required in this course to take the next course. (2:0).

**II. Course Objectives**

Upon satisfactory completion of this course, the student will be able to:

- A. Describe the methodology of basic behavioral scientific research.
- B. Describe the biological, intellectual, and social changes that occur across the human life span.
- C. Describe the process by which sensory information is received, analyzed, and integrated into existing mental content.
- D. Explain paradigms of learning and memory.
- E. Discuss cognitive functioning.
- F. Discuss the motivational variables that contribute to human behavior and the emotional responses that result.
- G. Describe theories of healthy and unhealthy personality development and psychological interventions.
- H. Discuss the dynamics of gender and human sexuality.
- I. Discuss the dynamics of human behavior in groups to include such concepts as conformity, prejudice, aggression, and effects on crowding.
- J. Apply one’s knowledge of psychology to more objectively evaluate human behavior.

**III. Student Learning Outcomes (SLO’s): VOCATIONAL NURSING**

Nursing Program Student Learning Outcomes (SLO’s) assess the knowledge, skills/abilities, and/or attitudes that display behavioral evidence which the students have attained from their educational experiences. The ongoing assessment of Student Learning Outcomes is specifically linked to the El Paso Community College Mission Statement, Institutional Strategic Goals, Program Review, and the Nursing Mission and Vision statement. Nursing Program Student Learning Outcomes specifically describe the end result of the Nursing program.

Student Learning Outcomes – SLO’s
1. Integrate teaching-learning principles by developing, presenting, evaluating and modifying teaching

plans to meet the needs of patients and their families.
2. Utilize nursing -clinical judgment, communication skills and a systematic process when advocating for safe caring and compassionate patient-centered care to culturally diverse patients and their families across the lifespan in a variety of health care settings.
3. Assume accountability for the quality of patient-centered nursing care within the legal scope of nursing practice consistent with ethical principles and professional values and standards.
4. Provide evidence-based nursing care that promotes safety for the patient, family and their environment, while utilizing current technologies and nursing informatics.
5. Collaborate and co-ordinate with patients, their families and the interdisciplinary/multidisciplinary health care team to implement best practices and to address health promotion and disease prevention, health maintenance and health restoration based on the individual's perception of their health needs.

Revisions to SLO's Fall 2011 & 6-7-2012

Revised: May 2018

#### **IV. THECB Learning Outcomes (WECM)**

1. Describe the characteristics of positive mental health.
2. Identify the coping mechanisms utilized by individuals to assist in alleviating stress and anxiety.
3. Demonstrate the use of therapeutic communication skills.

#### **V. Evaluation**

- A. Remediation  
The opportunity for remediation is at the discretion of the instructor. Any student performing at an unacceptable level should seek out available tutoring resources provided by the college.
- B. Grading  
Course grades will be determined in a manner consistent with the grade description in the current college catalog. The student should consult the instructor's syllabus for more detailed information.

#### **VI. Disability Statement (Americans with Disabilities Act [ADA])**

EPCC offers a variety of services to persons with documented sensory, mental, physical, or temporary disabling conditions to promote success in classes. If you have a disability and believe you may need services, you are encouraged to contact the Center for Students with Disabilities to discuss your needs with a counselor. All discussions and documentation are kept confidential. Offices located: VV Rm C-112 (831-2426); TM Rm 1400 (831-5808); RG Rm B-201 (831-4198); NWC Rm M-54 (831-8815); and MDP Rm A-125 (831-7024).

#### **VII. 6 Drop Rule**

Students who began attending Texas public institutions of higher education for the first time during the Fall 2007 semester or later are subject to a 6-Drop limit for all undergraduate classes. Developmental, ESL, Dual Credit and Early College High School classes are exempt from this rule. All students should consult with their instructor before dropping a class. Academic assistance is available. Students are encouraged to see Counseling Services if dropping because exemptions may apply. Refer to the EPCC catalog and website for additional information.

**VIII. Title IX and Sex Discrimination**

Title 9 (20 U.S.C. 1681 & 34 C.F.R. Part 106) states the following "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving Federal financial assistance." The Violence Against Women Act (VAWA) prohibits stalking, date violence, sexual violence, and domestic violence for all students, employees and visitors (male and female). If you have any concerns related to discrimination, harassment, or assault (of any type) you can contact the Assistant to the Vice President for Student and Enrollment Services at 915-831-2655. Employees can call the Manager of Employee Relations at 915-831-6458. Reports of sexual assault/violence may also be reported to EPCC Police at 915-831-2200.