

El Paso Community College
Syllabus
Part II
Official Course Description

SUBJECT AREA	<u>Kinesiology</u>						
COURSE RUBRIC AND NUMBER	<u>KINE 1306</u>						
COURSE TITLE	<u>First Aid and Safety</u>						
COURSE CREDIT HOURS	<table style="margin: auto; border-collapse: collapse;"> <tr> <td style="text-align: center; border-top: 1px solid black;">3</td> <td style="text-align: center; border-top: 1px solid black;">3</td> <td style="text-align: center; border-top: 1px solid black;">0</td> </tr> <tr> <td style="text-align: center; border-top: 1px solid black;">Credits</td> <td style="text-align: center; border-top: 1px solid black;">Lec</td> <td style="text-align: center; border-top: 1px solid black;">Lab</td> </tr> </table>	3	3	0	Credits	Lec	Lab
3	3	0					
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I. Catalog Description

Introduces the theory and practices of the American Academy of Orthopedic Surgeons and provides CPR certification and Basic Life Support (BLS) for Healthcare providers through the American Heart Association. National Safety Council Certificates upon successful completion of the course. **(3:0)**

II. Course Objectives

Upon successful completion of this course, the student will be able to:

- A. Describe and recognize the vital signs of an accident victim.
- B. Demonstrate the steps for the control of bleeding and shock.
- C. Learn and perform the latest techniques and methods of cardiopulmonary resuscitation.
- D. Identify and perform first aid on specific injuries, burns and poisoning.
- E. Properly apply the use of dressing and bandages to specific areas of injury, and be able to demonstrate when and how to transfer an injured victim.

III. THECB Learning Outcomes (ACGM)

Upon successful completion of this course, students will:

1. Explain the workings of the systems in the human body particularly those systems, which are likely affected in emergency care.
2. Recognize and meet the needs of emergency situations including (but not limited to) first aid care, emergency assistance, life support skills, EMS protocols, CPR, and AED.
3. Justify layperson and professional roles and responsibilities in emergency situations including but not limited to legal ramifications, barriers to action, requirements for action, and psychological responses.
4. Explain and demonstrate skills for treating victims including (but not limited to) musculoskeletal injuries, bleeding, choking, and environmental emergencies.
5. Explain and demonstrate skills for respiratory distress including (but not limited to) CPR, rescue breathing, obstructed airway, and usage of an AED devices.
6. Promote safety and preventative educational methods that reduce the risk of injury, accidents, and life-style related diseases.

IV. Evaluation

- A. This course will include a relevant activity (written exams, skill exam or project) suitable for a final exam and which will be integrated into the final grade.
- B. General evaluation options available for use by all instructors includes: Multiple Choice objective exams, short answer essay exams, True/False objective exams, skill testing, classroom presentations, special projects and or any combination of these options.

Grading Scale:

90 - 100	= A
80 - 90	= B
70 - 80	= C
60 - 70	= D
Below 60	= F
Incomplete	= I
Withdrew or withdrawn	= W

V. Disability Statement (American with/Disabilities Act [ADA])

EPCC offers a variety of services to persons with documented sensory, mental, physical, or temporary disabling conditions to promote success in classes. If you have a disability and believe you may need services, you are encouraged to contact the Center for Students with Disabilities to discuss your needs with a counselor. All discussions and documentation are kept confidential. Offices located: VV Rm C-112 (831-2426); TM Rm 1400 (831-5808); RG Rm B-201 (831-4198); NWC Rm M-54 (831-8815); and MDP Rm A-125 (831-7024).

VI. 6 Drop Rule

Students who began attending Texas public institutions of higher education for the first time during the Fall 2007 semester or later are subject to a 6-Drop limit for all undergraduate classes. Developmental, ESL, Dual Credit and Early College High School classes are exempt from this rule. All students should consult with their instructor before dropping a class. Academic assistance is available. Students are encouraged to see Counseling Services if dropping because exemptions may apply. Refer to the EPCC catalog and website for additional information.