

El Paso Community College
Syllabus
Part II
Official Course Description

SUBJECT AREA	<u>Kinesiology</u>
COURSE RUBRIC AND NUMBER	<u>KINE 1301</u>
COURSE TITLE	<u>Foundations of Kinesiology</u>
COURSE CREDIT HOURS	<u>3 3 : 0</u> Credits Lec Lab

I. Catalog Description

Examines the historical and philosophical aspects of Kinesiology and sports. Orients students to Kinesiology programs in public and private settings. **(3:0)**.

II. Course Objectives

Upon satisfactory completion of this course, the student will be able to

- A. Explain the history, philosophy, and significance of physical education, exercise science, and sports.
- B. Identify his/her philosophy, goals, objectives, and role in physical education, exercise science, and sports.
- C. Distinguish between the specialized areas of motor learning, biomechanics, exercise physiology and fitness, sociology, sports and exercise psychology, pedagogy, adapted physical education, and sports management.
- D. Discuss the affective, social, emotional, and cognitive components of physical activity.
- E. Identify career choices available in the field of Kinesiology.
- F. Describe the professional organizations associated with the fields of physical education, exercise science, and sports.

III. Evaluation

- A. This course will include relevant activities to include exams, quizzes, and special Projects.
- B. General evaluation options available for use by all instructors include: Multiple Choice objective exams, short answer essay exams, True-False objective exams, classroom presentations, a portfolio assembled from class activities, or any combination of these activities.

Grading Scale

- 100 - 90 = A
- 89 - 80 = B
- 79 - 70 = C
- 69 - 60 = D
- Below 60 = F
- Incomplete = I
- Withdrawal = W

IV. Disability Statement (Americans with Disabilities Act [ADA])

EPCC offers a variety of services to persons with documented sensory, mental, physical, or temporary disabling conditions to promote success in classes. If you have a disability and believe you may need services, you are encouraged to contact the Center for Students with Disabilities to discuss your needs with a counselor. All discussions and documentation are kept confidential. Offices located: VV Rm C-112 (831-5808); RG Rm B201 (831-4198) NWC Rm M-54 (831-8815); and MDP Rm A-125 (831-7024).

V. 6 Drop Rule

Students who began attending Texas public institutions of higher education for the first time during the Fall 2007 semester or later are subject to a 6 Drop limit for all undergraduate classes. Developmental, ESL, Dual Credit and Early College High School classes are exempt from the rule. All students should consult with their instructor before dropping a class. Academic assistance is available. Students are encouraged to see Counseling Services if dropping because exemptions may apply. Refer to the EPCC catalog and website for additional information.