

# El Paso Community College

## Syllabus

### Part II

## Official Course Description

SUBJECT AREA	<u>Kinesiology</u>								
COURSE RUBRIC AND NUMBER	<u>KINE 2124</u>								
COURSE TITLE	<u>Volleyball I</u>								
COURSE CREDIT HOURS	<table><tr><td><u>1</u></td><td><u>0</u></td><td><u>:</u></td><td><u>3</u></td></tr><tr><td>Credits</td><td>Lec.</td><td></td><td>Lab</td></tr></table>	<u>1</u>	<u>0</u>	<u>:</u>	<u>3</u>	Credits	Lec.		Lab
<u>1</u>	<u>0</u>	<u>:</u>	<u>3</u>						
Credits	Lec.		Lab						

### **I. Catalog Description**

Covers the basic skills, techniques, history, rules, and terminology of volleyball. Involves students' participation. **(0:3)**.

### **II. Course Objectives**

Upon satisfactory completion of this course, the student will be able to:

- A. Learn history, rules and major dimension.
- B. Demonstrate techniques and common errors to include: underhand, sidearm, overhand floater--errors include: failure to follow through unbalanced position, failure to use body hitting too soon or late, throwing the ball incorrectly.
- C. Demonstrate forearm pass - skill includes: balanced body, knees flexed, ball contacts on forearms, proper hand position. Errors include: failure to bend knees, spreading arms too far apart, lack of eye contact.
- D. Demonstrate overhead pass - skill includes: contact in front of forehead, proper finger position, arm position and leg position.
- E. Demonstrate spike and block - skill includes: approach take-off and landing, impact on the ball. Errors include: timing, hand placement, coordination of position.
- F. Demonstrate offense and defense - skill includes: 4-2 offense, 5-1 offense, 6-0 offense, man back defense, man up defense, free ball defense, Cup, W.

### **III. Evaluation**

- A. This course will include a relevant activity (written exam, skill exam or project) suitable for a final exam and which will be integrated into the final grade.
- B. General evaluation options available for use by all instructors includes: Multiple Choice objective exams, short answer essay exams, True / False objective exams, classroom presentation, attendance or any combination of these options.

Grading Scale:

90 - 100	= A
80 - 90	= B
70 - 80	= C
60 - 70	= D
Below 60	= F
Incomplete	= I
Withdrew or withdrawn	= W

**IV. Disability Statement (American with/Disabilities Act [ADA])**

EPCC offers a variety of services to persons with documented sensory, mental, physical, or temporary disabling conditions to promote success in classes. If you have a disability and believe you may need services, you are encouraged to contact the Center for Students with Disabilities to discuss your needs with a counselor. All discussions and documentation are kept confidential. Offices located: VV Rm C-112 (831-2426); TM Rm 1400 (831-5808); RG Rm B-201 (831-4198); NWC Rm M-54 (831-8815); and MDP Rm A-125 (831-7024).

**V. 6 Drop Rule**

Students who began attending Texas public institutions of higher education for the first time during the Fall 2007 semester or later are subject to a 6-Drop limit for all undergraduate classes. Developmental, ESL, Dual Credit and Early College High School classes are exempt from this rule. All students should consult with their instructor before dropping a class. Academic assistance is available. Students are encouraged to see Counseling Services if dropping because exemptions may apply. Refer to the EPCC catalog and website for additional information.