

El Paso Community College
Syllabus
Part II
Official Course Description

SUBJECT AREA	<u>Kinesiology</u>
COURSE RUBRIC AND NUMBER	<u>KINE 2124</u>
COURSE TITLE	<u>Volleyball I</u>
COURSE CREDIT HOURS	<u>1 0 : 3</u> Credits Lec. Lab

I. Catalog Description

Covers the basic skills, techniques, history, rules, and terminology of volleyball. Involves students' participation. (0:3).

II. Course Objectives

Upon satisfactory completion of this course, the student will be able to:

- A. Learn history, rules and major dimension.
- B. Demonstrate techniques and common errors to include: underhand, sidearm, overhand floater--errors include: failure to follow through unbalanced position, failure to use body hitting too soon or late, throwing the ball incorrectly.
- C. Demonstrate forearm pass - skill includes: balanced body, knees flexed, ball contacts on forearms, proper hand position. Errors include: failure to bend knees, spreading arms too far apart, lack of eye contact.
- D. Demonstrate overhead pass - skill includes: contact in front of forehead, proper finger position, arm position and leg position.
- E. Demonstrate spike and block - skill includes: approach take-off and landing, impact on the ball. Errors include: timing, hand placement, coordination of position.
- F. Demonstrate offense and defense - skill includes: 4-2 offense, 5-1 offense, 6-0 offense, man back defense, man up defense, free ball defense, Cup, W.

III. Evaluation

- A. This course will include a relevant activity (written exam, skill exam or project) suitable for a final exam and which will be integrated into the final grade.
- B. General evaluation options available for use by all instructors includes: Multiple Choice objective exams, short answer essay exams, True / False objective exams, classroom presentation, attendance or any combination of these options.

Grading Scale:

90 - 100	= A
80 - 90	= B
70 - 80	= C
60 - 70	= D
Below 60	= F
Incomplete	= I
Withdrew or withdrawn	=W

IV. Disability Statement (American with/Disabilities Act [ADA])

EPCC offers a variety of services to persons with documented sensory, mental, physical, or temporary disabling conditions to promote success in classes. If you have a disability and believe you may need services, you are encouraged to contact the Center for Students with Disabilities to discuss your needs with a counselor. All discussions and documentation are kept confidential. Offices located: VV Rm C-112 (831-2426); TM Rm 1400 (831-5808); RG Rm B-201 (831-4198); NWC Rm M-54 (831-8815); and MDP Rm A-125 (831-7024).

V. 6 Drop Rule

Students who began attending Texas public institutions of higher education for the first time during the Fall 2007 semester or later are subject to a 6-Drop limit for all undergraduate classes. Developmental, ESL, Dual Credit and Early College High School classes are exempt from this rule. All students should consult with their instructor before dropping a class. Academic assistance is available. Students are encouraged to see Counseling Services if dropping because exemptions may apply. Refer to the EPCC catalog and website for additional information.